



TRUCKSTOP  
@ASHFORD

# MENU



FREE WIFI AVAILABLE

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## SIGN UP FOR OUR LOYALTY CARD

DON'T DELAY PLEASE ASK OUR RESTAURANT STAFF FOR YOURS TODAY!!

MYTRUCKPARKING.COM

T&C APPLY.



## BREAKFAST



AVAILABLE FROM 6AM

### CUSTOMISE YOUR BREAKFAST

CHOOSE FROM THE FOLLOWING ITEMS:

- EGG 90CAL
- BAKED BEANS 155CAL
- MUSHROOMS 50CAL
- BACON 50CAL
- TOMATOES 25CAL
- HASH BROWNS 75CAL
- SAUSAGES 100CAL
- BLACK PUDDING 95CAL

- TRUCKERS DELUX : 10 items plus tea/coffee & toast **£7.50**
- TRUCKERS MEAL DEAL : 6 items plus tea/coffee & toast **£6.50**
- TRUCKSTOP BREAKFAST : 4 items plus tea/coffee & toast **£5.50**

### BREAKFAST MENU

- CONTINENTAL BREAKFAST 4 pastries with tea or coffee **£6.50**
- SCRAMBLED EGG ON TOAST 493CAL **£3.95**
- TWO SLICES OF TOAST WITH BUTTER 319CAL **£1.00**
- HOT FILLED SAUSAGE SANDWICH FROM 699CAL **£4.25**
- HOT FILLED BACON SANDWICH FROM 340CAL **£4.25**
- HOT FILLED BAGUETTE FROM 526CAL **£4.75**
- CEREAL PORTIONS FROM 144CAL **£1.95**
- PASTRIES Pain au chocolat FROM 212CAL or Croissant FROM 188CAL **£1.60**

# BURGERS

ALL BURGERS ARE HANDMADE WITH LOVE WITH HIGH QUALITY INGREDIENTS, AND ARE COOKED ON OUR CHARCOAL GRILL FOR THAT *flamed grilled* TASTE AND ARE SERVED WITH CHUNKY FRIES FRESH HOMEMADE COLESLAW AND A SEASONED SIDE SALAD.

- BEEF BURGER** 1700CAL **£8.50**  
Prime 6oz British beef burger with tomato relish, lettuce, freshly sliced tomato in a brioche bun.
- CHEESE BURGER** 1720CAL **£8.95**  
Prime 6oz British beef burger with cheese, tomato relish, lettuce and freshly sliced tomato in a toasted brioche bun.
- BACON CHEESE BURGER** 1858CAL **£9.45**  
Prime 6oz British beef burger with smoked bacon and cheese, tomato relish & lettuce in a toasted brioche bun.
- MUSHROOM & STILTON BURGER** 1950CAL **£9.65**  
Prime 6oz British beef burger with sliced mushrooms, smoked bacon and stilton cheese, red onion chutney, served in a toasted brioche bun.
- TEX MEX VEGGIE BURGER** 1711CAL **£9.55**  
You want something hot right. The 'Tex Mex Veggie' is made from red kidney beans, sweetcorn, red peppers and mozzarella cheese wrapped in a tortilla crumb. Served in a toasted brioche bun, with guacamole, Monterey jack cheese, tomato salsa & fresh jalapeños.
- TEX MEX BEEF BURGER** 1734CAL **£9.55**  
For you meat eaters out there, The 'Tex Mex' beef burger is a prime 6oz homemade beef burger. Served in a brioche bun, with guacamole, Monterey jack cheese, tomato salsa & fresh jalapeños.
- ROAD TRAIN** *Why not try our Truckstop classic.* 2500CAL **£11.95**  
2 6oz homemade prime British beef burgers, sliced cheese and smoked bacon layered for the hungry trucker, topped with tomato salsa and fresh sliced tomatoes, All served between a toasted brioche bun.
- CHAR-GRILLED CHICKEN BREAST** 931CAL **£9.45**  
Topped with BBQ sauce and smoked bacon in a toasted brioche bun with coleslaw, salad & fries.
- CHAR-GRILLED LAMB BURGER** 1117CAL **£9.45**  
Riata dressing in a toasted brioche bun with coleslaw, salad & fries.



### MENU KEY



BEEF  
BOEUF  
MARHAHÚS  
WOŁOWINA



FISH  
POISSON  
HAL  
RYBA



CHICKEN  
POULET  
CSIRKE  
KURCZAK



PASTA  
PÂTES  
TÉSZTA  
MAKARON



PORK  
PORC  
SERTÉSHÚS  
WIEPRZOWINA



VEGETABLES  
LÉGUMES  
ZÖLDSÉGEK  
WARZYWA



LAMB  
AGNEAU  
BÁRÁNY  
JAGNIĘCINA

# MAIN MENU



SERVED WITH SEASONAL SALAD AND EITHER CHUNKY CHIPS, JACKET POTATO, EXTRA SALAD OR THE SPECIALITY POTATO OF THE DAY.

HUNTER'S CHICKEN  1250CAL	£9.50
CURRY, RICE & NAAN BREAD    1584CAL (chips not included)	£9.30
GAMMON STEAK WITH TWO EGGS  1200CAL	£9.50
HOMEMADE BATTERED JUMBO COD, CHIPS & PEAS  1300CAL	£9.50
VEGGIE MEAL OF THE DAY  1000CAL	£8.50
SCAMPI & TARTARE SAUCE  1357CAL	£9.25
PASTA OF THE DAY  1000CAL Served with garlic bread (no chips included)	£9.25
100z FLAME GRILLED STRIP LOIN STEAK  1300CAL Served with mushrooms, grilled tomatoes and onion rings	£13.99
MIXED GRILL     2100CAL Pork steak, sausage, gammon steak, strip loin steak, half chicken breast and a fried egg	£14.95
CHARGRILLED 80z PORK STEAK  798CAL Served with mashed potato, fresh vegetables and gravy	£10.95
CHARGRILLED 80z LAMB STEAK  771CAL Served with mashed potato, fresh vegetables and gravy	£11.95
CHILLI CON CARNE  1300CAL Topped with guacamole and sour cream, served with rice and garlic bread	£9.50



## VOUCHER MENU £7.50

3 EGG OMELETTE + FRIES + SOFT DRINK









- PLAIN 474CAL
- MEAT OPTION – HAM & CHEESE 634CAL
- VEGGIE OPTION – ONION & MUSHROOM 530CAL

- SMALL COD & FRIES 900CAL
- 5 PIECE SOUTHERN FRIED CHICKEN & FRIES 1200CAL
- 2 SAUSAGE, PEAS, SOFT MASHED POTATO & ONION GRAVY 793CAL
- FULLY LOADED CHILLI NACHOS + DRINK 1110CAL

## EXTRAS



### ADD ANY OF THESE TO YOUR MEAL

BOWL OF CHUNKY CHIPS  597CAL	£2.70
BOWL OF CURLY FRIES  599CAL	£2.80
3 PIECES OF GARLIC BREAD  333CAL	£2.95
3 PIECES OF CHEESY GARLIC BREAD  390CAL	£3.10
CHEESY CHIPS  664CAL	£3.40
5 ONION RINGS  225CAL	£2.30
PEPPERCORN SAUCE  146CAL	£2.10
CREAMY MUSHROOM SAUCE  128CAL	£2.10

### SOMETHING LIGHT .....

SALADS FROM 450CAL	£5.50
SOUP FROM 390CAL Served with a crusty roll	£3.65



## DESSERTS

PLEASE SEE OUR DESSERTS BOARD FOR TODAY'S SWEET TREATS

# BEVERAGES

### SOFT DRINKS

TEA 12oz	£1.35
12oz MEDIUM VENDING COFFEE	£1.85
330ML CANS	£0.90
500ML BOTTLE	£1.45
PLAIN/SPRING WATER	£1.00
FLAVOURED WATER	£1.25
FRESH ORANGE JUICE	£1.50
LARGE SOFT DRINK	£1.20
SMALL SOFT DRINK	£1.00
LARGE MILK	£1.20
SMALL MILK	£1.00
TONIC WATER 200ml	£1.40
CORDIALS 25ml	£0.35
SPLASH 25ml	£0.35
ALL SHANDY Pint	£3.80
ALL SHANDY Half Pint	£1.95

### DRAUGHT BEERS

	Half Pint	Pint
HEINEKEN 5.0% (LAGER)	£2.25	£4.50
KRONENBOURG 1664 5.0% (LAGER)	£2.25	£4.50
AMSTEL 4.1% (LAGER)	£2.10	£4.20
INCH'S CIDER 4.5%	£2.10	£4.20
GUINNESS 4.1% (DARK BEER)	£2.25	£4.50
JOHN SMITHS 3.8% (BITTER)	£2.10	£4.20
CARLSBERG 3.9%	£1.95	£3.90

### DRINK DEALS

(\*SB - See bottle for ABV) V = Voucher

4 PINT DEAL (ALL BEERS) *SB	£13.50
3 X (330ML) DEAL *SB	£7.50
2 LECH OR TYSKIE + 1 CAN *SB V	£7.50

\*SB - See Bottle for ABV. Prices are subject to change due to Brewery price increases. May contain allergens.

### BOTTLED BEVERAGES

BULMERS 568ml 4.5% (ORIGINAL OR RED B)	£4.20
HEINEKEN 330ml 5.0%	£3.65
BUDWEISER 330ml 4.8%	£3.65
SOL 330ml 4.5%	£3.65
DESPERADOS 330ml 5.9%	£3.65
IPA BREW DOG (Gluten Free)	£3.70
HEINEKEN/PERONI Bottles available 0.0%	£2.95
PERONI 330ml 5.1%	£3.65
NEWCASTLE BROWN ALE 550ml 4.7%	£4.20
LECH 500ml 5.2%	£3.20
TYSKIE 500ml 5.5%	£3.20

### SPIRITS

HOUSE SPIRITS SINGLE 25ml *SB	£2.50
HOUSE SPIRITS DOUBLE 50ml *SB	£4.50
GLENFIDDICH 25ml 40.0%	£3.20
BOMBAY GIN 25ml 40.0%	£3.10
GROUSE WHISKY 25ml 40.0%	£3.10
JACK DANIELS 25ml 40.0%	£3.20
SOUTHERN COMFORT 25ml 35.0%	£3.10
LAMB'S NAVY RUM 25ml 40.0%	£3.10
COURVOISIER 25ml 40.0%	£3.30
BACARDI WHITE RUM 25ml 40.0%	£3.10
SPICED RUM (Morgan/Lambs) 25ml *SB	£3.20
SPECIALITY GINS 25ml *SB	£3.40
SMIRNOFF VODKA 25ml 37.5%	£3.10
JAMESONS 25ml 40.0%	£3.30
ARCHERS 25ml 18.0%	£2.50
GLENMORANGIE 25ml 40.0%	£3.30

### HOUSE WINES


(\*SB - See bottle for ABV)

BOTTLE 75CL	£10.20
187ML	£3.70

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Go to [www.mytruckparking.com](http://www.mytruckparking.com) or  
call us on 01233 502919  
to discuss the benefits of opening an account

 Suitable for vegetarians. Calories are per item/portion. All photos are for illustrative purposes only. All weights of our meat are approximate uncooked. All meals may contain nuts or nut derivatives. Fish may contain small bones. All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. Full allergen information is available on request.