



TRUCKSTOP
@ASHFORD

BREAKFAST MENU



AVAILABLE FROM 4AM

CUSTOMISE YOUR BREAKFAST CHOOSE FROM THE FOLLOWING ITEMS:

- EGG 70 Cal
- BAKED BEANS 138 Cal
- MUSHROOMS 50 Cal
- BACON 50 Cal
- TOMATOES 25 Cal
- HASH BROWN 87 Cal
- SAUSAGE 152 Cal
- BLACK PUDDING 185 Cal

1. **TRUCKERS DELUX BREAKFAST: 10 items – Full English breakfast** £8.00
Served with a hot drink or medium soft drink and 2x toast/butter
2. **TRUCKERS MEAL DEAL: 6 items – Full English breakfast** £7.50
Served with a hot drink or medium soft drink and 2x toast/butter
3. **TRUCKSTOP BREAKFAST: 4 items – Full English breakfast** £6.50
Served with a hot drink or medium soft drink and 2x toast/butter

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4. **ENGLISH MUFFIN** 520 Cal £8.00
2 Sausage patties, fried egg and bacon
Served with a hot drink or medium soft drink
5. **EGGS BENEDICT** 635 Cal £8.00
English muffin topped with honey roast ham, poached eggs, and hollandaise sauce
Served with a hot drink or medium soft drink
6. **CONTINENTAL BREAKFAST** £7.95
4 pastries served with a hot drink
7. **SCRAMBLED EGG ON TOAST** 516 Cal £5.95
Served with a hot drink
8. **2 SLICES OF TOAST WITH BUTTER** 306 Cal £1.50
9. **HOT FILLED SANDWICH – 3 ITEMS** From 526 Cal £5.25
Served with a hot drink or medium soft drink
10. **HOT FILLED BAGUETTE – 3 ITEMS** From 720 Cal £5.95
Served with a hot drink or medium soft drink
11. **CEREAL PORTION** From 144 Cal £2.25
12. **PASTRIES** PAIN AU CHOCOLAT 375 Cal OR CROISSANT From 235 Cal £1.95

MENU KEY

VEGETABLES	BEEF	PORK	LAMB	GOAT	CHICKEN	FISH	SHRIMP	PASTA
LÉGUMES	BOEUF	PORC	AGNEAU	BOUC	POULET	POISSON	CREVETTE	PÂTES
ZÖLDSEGEK	MARHAHÚS	SERTESHÚS	BÁRÁNY	KECSKE	CSIRKE	HAL	GARNÉLARÁK	TESZTA
WARZYWA	WOŁOWINA	WIEPRZOWINA	JAGNIECINA	KOZA	KURCZAK	RYBA	KREWETKA	MAKARON